



Key Facts

- Second Harvest Food Bank
- 72,000 people in need per month.
- More than half of the people Second Harvest serves are children or senior citizens.
- Food industry donors provide about half of the food Second Harvest distributes. This is unmarketable, but perfectly wholesome food that would otherwise go to waste. The Food Bank also receives USDA commodities and a yearly grant from the Commonwealth of Pennsylvania to purchase nutritious food. Food donations from individuals and community food drives are always welcome.
- Monetary donations stretch the farthest to help the greatest number of hungry people. **For every \$1 received, Second Harvest can distribute 9 pounds of food which is equal to 7 meals.** distributes food to the hungry through its more than 200 member agencies in Carbon, Lehigh, Monroe, Northampton, Pike and Wayne counties.
- Member agencies include emergency food pantries, shelters, soup kitchens, child care and senior centers and rehabilitation programs.
- Last year SHFB distributed nearly 7 million pounds of food through its member agencies, which serve more than
- Volunteers are important to the work of the food bank. They assist in food sorting, warehouse work and occasional office work. Groups of volunteers (as many as 50 at a time) are needed twice a month to pack boxes for our SUNShine Box program for low-income senior citizens and bags of food for our Backpack Buddies program for kids.
- Second Harvest is a program of the Community Action Committee of the Lehigh Valley and a member of Feeding America, the nation's Food Bank network and largest hunger relief organization.



- People interested in donating money or food, becoming volunteers, or learning more about the work of Second Harvest Food Bank should call 610-434-0875 or visit our website at www.shfbvlv.org